

GENERAL ADVISORY FROM RRCAT MEDICAL CENTRE

It is clearly evident that the number of COVID positive cases is again increasing faster and many states are taking up necessary steps to control spread of the virus. We were united in following all the necessary precautions with utmost sincerity because of which RRCAT witnessed comparatively lesser number of cases. It is requested that we gear up our seriousness towards the issue again and strictly follow guidelines of wearing a mask, social distancing and hand washing.

The following are a few instructions to be followed for the safety of one and all:

1. Recently, the sample collection for testing for COVID-19 has begun at RMC. Beneficiaries, who have been advised testing, are requested not to enter RMC. They have to go for testing at the designated place, which has been setup opposite to the physiotherapy centre. The requisition forms will reach the technician directly. Patients are requested to approach us only through phone for any queries. This will help in smooth uninterrupted functioning of RMC (because the RMC needs to be closed for 24 hours for sanitisation, in the event of a COVID positive patient entering RMC).
2. Kindly maintain social distancing while waiting in queue for testing and mask is compulsory throughout.
3. Some patients are seen entering the Physiotherapy Centre during their waiting time. This adds undue risk of transmission of infection to the other patients coming for physiotherapy and the staff deployed there. COVID suspect patients and primary contacts of COVID positive patients should not enter the Physiotherapy Centre.
4. It is emphasised that patients who are advised COVID testing, should comply with instructions and please come for the investigation as per the date specified by the doctor only.
5. No patient should enter RMC or the Physiotherapy Centre without prior appointment. Emergencies will be prioritised as ever.
6. Patients complaining of URI, sore throat, body aches, fever, diarrhoea, loss of smell and taste, are requested to consult the doctor on phone on the first appearance of symptoms for early diagnosis and prevention of complications. It is requested that they must not enter RMC directly.
7. Please follow the instructions given by the doctor over phone, regarding medical certificates, investigation forms etc.
8. Ambulant patients called for examination or dressing, are requested to enter the dispensary alone and avoid coming with attendants.
9. Employees are requested to please inform their respective HOD's regarding the Covid positive reports of their family members also.
10. Covid positive patients and their primary contacts are requested to strictly follow home quarantine as advised. Medicines or referral letters may be collected from RMC through others only.

We solicit the co-operation of one and all to keep up good health and safety of all the CHSS beneficiaries.

Regards

RMC Office.